



Outdoor Cooking –
Hotdogs



Sustainability –
Clearing and weeding
the bedding area.

Flying High at Flushdyke

Year 5/6 Outdoor Learning Journey



AUTUMN 1



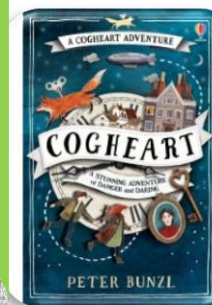
Survival Skills – Learning
how to tie different knots.



Design and sport – Create
and take part in a mini
woodland Olympics.



Natural Art – Create
the fox from Cogheart
using natural materials
found in the woodland.



AUTUMN 2

Forest bathing – This
Japanese practice is a
process of relaxation.



Survival techniques –
How to act if there was
an emergency
scenario.



Sustainability –
Designing and building
insect houses.



Catapult – Create a slingshot
and design a target.

Fitness class with a twist –
Fitness class outside using
natural resources.



Sustainability – Plant
vegetables in preparation for
the summer.

SPRING 1



Outdoor Cooking –
Potatoes and other root
vegetables

